

# 1<sup>st</sup> Aid and Safety Brochure Project

You are to create an informational brochure on one first aid topic. You should include information about your topic such as (*not all will apply to every topic*):

- What is it?
- Signs and symptoms
- Different types
- Basic 1<sup>st</sup> aid treatment
- Steps to prevent injury
- Other precautions to take in treating victim
- Current statistics
- Relevant pictures or graphs with description
- A works cited list should be listed on the back panel of brochure

## Getting Started:

1. Use the brochure template for Google Docs on my website (under links section)
2. There are many useful websites linked on my website as well, but you may use other reliable sources as well.
3. Create an informational brochure about your topic on the 6 panels of the brochure:

**Back Panel Flap** – Statistics or facts about topic, or overview of topic

**Very back of brochure** – Works cited list, your name and class period

**Front cover** – Topic name, picture, name, class period

**Inside left, middle, and right** –Core of information: what is it, signs and symptoms treatment, different types, steps to prevent injury, other precautions to take in treating victim, or other relevant information. \*\*\*This is just a suggested layout\*\*\*

## Sample topics:

1. CPR	21. Fire safety
2. Obstructed Airway/Choking	22. Water Safety
3. Rescue Breathing	23. Boating safety
4. Controlling bleeding	24. Treating for Shock
5. Treating burns	25. Lyme disease—tick bites
6. Cold weather injuries—frostbite and hypothermia	26. Anaphylactic shock—severe allergic reactions
7. Heat illnesses	27. Tetanus
8. Sprains and strains	28. Head injuries--Concussions
9. Broken bones—fractures	29. Diabetic emergencies
10. Weather safety—being prepared for natural disasters	30. Epilepsy
11. Tornado safety	31. Asthma
12. Flood safety	32. Poisonous plants
13. Electrical Storm safety	33. Safety proofing your home for children
14. Hurricane safety	34. Food poisoning
15. Heart Attack—first aid	35. Sun safety—sunburn 1 <sup>st</sup> aid
16. Poisoning—Ingestion of poisonous substance	36. Hemophilia
17. Poisoning—snake bites, bee stings, spider bites, marine animal stings	37. SIDS—Sudden Infant Death Syndrome
18. Stroke—first aid	38. Camping or wilderness safety
19. Vehicle Safety tips	
20. Bicycle safety tips	

